UG ED S6-03
(DSC)

FOUR YEAR BACHELOR'S DEGREE COURSE
(CBCS in Accordance with NEP 2020)

SEMESTER- VI

GUIDANCE AND COUNSELLING

EDUCATION

Indira Miri School of Education

KRISHNA KANTA HANDIQUI STATE OPEN UNIVERSITY

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COURSE INTRODUCTION

In the 6th Semester, learners opting for core courses are required to study four core courses, namely History of Education during Post-Independence in India, Population Education, Education for Community Development, and Guidance and Counselling.

The fourth course of the semester, titled **Guidance and Counselling**, consists of 14 units. The **first unit** of the course deals with the concept and nature of Guidance, Objectives of Guidance, Principles of Guidance, types of Guidance, and the importance of guidance in Schools. The **second unit** discusses the importance of Guidance in School, Guidance Services in schools, and group guidance in schools. The **third unit** focuses on Human Development and Adjustment, Adaptive and Non-Adaptive Patterns of Behaviour Facilitating Development and Adjustment. The **fourth unit** discusses meaning, definitions and nature of Counselling, aims of Counselling, significance of Counselling and Principles of Counselling, different Methods of Counselling. The **fifth and sixth units deal** with the importance of Counselling in Schools, the role of teachers in Counselling, and basic skills in Counselling for Teachers. The **seventh and eighth units** explains about career development and its strategies. The **ninth unit** focuses on Guidance and Counselling for Children with Physical Disability, Intellectual Disability, and Learning Disabilities. The **tenth unit** explains the planning and Organising a Guidance Programme, planning and organising guidance programme for SEDG students. The **eleventh and twelfth unit** presents a detailed discussion on using psychological Tests in Guidance and Counselling, Understanding Intelligence Assessment, Assessment of Interest, Aptitude and Achievement, Personality Assessment for Counselling, Understanding Creativity and Its Assessment. The **thirteenth unit** deals with major Concerns in different types of Counselling, major concerns in crisis counselling. The **fourteenth** and final unit discusses Concept of Mental Health, Scope of Mental Health, Characteristics of a Mentally Healthy Person, Role of School in Maintaining Mental Health.

While going through a unit, you will notice some along-side boxes, which have been included to help you know some of the difficult, unseen terms. Some “ACTIVITY’ (s) have been included to help you apply your own thoughts. Again, we have included some relevant concepts in “LET US KNOW” along with the text. And, at the end of each section, you will get “CHECK YOUR PROGRESS” questions. These have been designed to self-check your progress of study. It will be better if you solve the problems put in these boxes immediately after you go through the sections of the units and then match your answers with “ANSWERS TO CHECK YOUR PROGRESS” given at the end of each unit.

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