PGDY S2 05
Exam Code : MCIP

Metaphysical Concepts of Selected Indian Philosophy

Second Semester

DIPLOMA IN YOGA

KRISHNA KANTA HANDIQUI STATE OPEN UNIVERSITY

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COURSE INTRODUCTION

Metaphysical concepts of selected Indian philosophy is the first course of second semester of diploma is yoga programmes. In this course we have discussed about various important parts of Indian Philosophy and Yoga. The course includes as follows–

Unit 1 - A General note on Indian Philosophy

Unit 2 - Upanisad

Unit 3 - Srimadbhagavad gita

Unit 4 - Introduction to Samkhya Philosophy

Unit 5 - Existence of Yoga in Ancient Indian Literature

While going through a unit, you will notice some along-side boxes, which have been included to help you know some of the difficult, unseen terms. Again, we have included some relevant concepts in 'LET US KNOW' along with the text. And, at the end of each section, you will get 'CHECK YOUR PROGRESS' questions. These have been designed to self-check your progress of study. It will be better if you solve the problems put in these boxes immediately after you go through the sections of the units and then match your answers with 'ANSWERS TO CHECK YOUR PROGRESS' given at the end of each unit.

CONTENTS

		Pages
UNIT 1 :	**A General note on Indian Philosophy** Classification of the schools of Indian philosophy; Development of the systems of Indian philosophy; Common characteristics of Indian Philosophy; A brief sketch of *Nāstika* schools of Indian philosophy; A brief sketch of *Āstika* schools of Indian philosophy.	**5 - 25**
UNIT 2 :	**Upanisad** The Number of Upaniṣad and Their Names; Proponents of Upaniṣad; Brief Introduction to Primary Upaniṣad.	**26 - 41**
UNIT 3 :	**Srimadbhagavad gita** Significance of the name; Discussable topics of the scripture; The Author and the Time of Creation : Backdrop of the Creation; The Commentators; Substances of the chapters of *Gītā.*	**42 - 59**
UNIT 4 :	**Introduction to Samkhya Philosophy** Meaning of Sāṁkhya, Brief Reference to Sāṁkhya Philosophy : Theory of Causation (*Satkāryavāda*), *Prakṛti* and *Puruṣa,* Theory of Evolution, Theory of Knowledge, Theory of Liberation, Sāṁkhya's View Regarding God.	**60 - 77**
UNIT 5 :	**Existence of Yoga in Ancient Indian Literature** Tradition of *Yoga* in Ancient Indian Literature : *Yoga* in Vedas, *Yoga* in the *Ṛgveda, Yoga* in the *Atharvaveda, Yoga* in Brāhmaṇa Literature, *Yoga* in Upaniṣads, *Yoga* in the *Mahābhārata*, and *Rāmāyaṇa*, *Yoga* in the *Śrīmadbhagavadgītā, Yoga* in Purāṇa; *Yoga* in Ayurveda; *Yoga* in Buddhism and Jainism as well as in Tantra.	**78 - 100**