Human Growth and Development

SEMESTER - 1

BACHELOR OF SOCIAL WORK

KRISHNA KANTA HANDIQUI STATE OPEN UNIVERSITY

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June, 2019

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Printed and published by Registrar on behalf of the Krishna Kanta Handiqui State Open University.

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The University acknowledges with thanks the financial support provided by the **Distance Education Bureau**, **UGC** for the preparation of this study material.

HUMAN GROWTH AND DEVELOPMENT

In this course, the *First Unit* deals with the introduction to Psychology and its significance in social work profession, social psychology and developmental psychology. The *Second Unit* discusses the concepts of need, drive, incentive, motivation and personality. The *Third Unit* explains the concept of human behaviour and factors affecting it. The *Forth Unit* deals with the concept of socialization and the theories of development and behaviour*. Fifth Unit* explains in detail the concepts of abnormal psychology, psychopathology and mental retardation. *Sixth Unit* focuses on the concept of human growth and development and its stages. In the *Seventh Unit* there is detailed discussion on childhood and adolescence stage of human growth. In *the Eigth Unit, the* adulthood and late adulthood stages of huaman development is discussed along with the challenges at this stage.

Subject Experts

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CONTENTS

Page No

UNIT 1 : Introduction to Psychology 01-01

Introduction to Psychology, Psychology and Social Work, Social Psychology, Appplication to Criminal Justice System, Health and Pro-Social Behaviour, Developmental Psychology and Social Work

UNIT 2 : Needs, Motivation, Personality and Emotion

Need, Drive, Incentive, Motivation, Personality, Personality Traits, Determinants, Components, Emotions and Feelings, Emotional Intelligence and Its Importance

UNIT 3 : Understanding Human Behaviour

Concept of Human Behaviour, Factors Affecting Human Behaviour, Biological Bases, Memory, Memory Systems, Learning, Perception, Attribution

UNIT 4 : Theories of Development & Behaviour

Freud's Psychosexual theory & Erikson's Psychosocial Theory; Socialization Process, Coping /Defence Mechanisms. Maladaptive Behaviour, Stress, Mental deficiency, antisocial personality, Psychosomatic disorders; Adjustment Nature, Concept of Effective Adjustment.

UNIT 5 : Human Growth & Development

Meaning, Life span approach to the understanding of human growth & behaviour, Principles of growth & development.

UNIT 6 : Stages of Human Development

Prenatal- Pregnancy, Child Birth, Problems during delivery Infancy: Characteristics, Family influence Babyhood – Characteristics, Child Rearing Practices, Family relationship; Neonatal, infancy.

UNIT 7 : Childhood

Child growth & development, Influence of school, Social Grouping & Social Behaviour; psychosocial factors of adolescences, adulthood. Adolescence: Puberty- Physical changes & its effects, behavioral changes; Period of Storm &Stress, Identity Crisis, Peer Group Influence, Family Frictions, Social Relationship and Sexuality;

UNIT 8 : Adulthood and Old Age

Early Adulthood- Vocational Adjustment, Role Changes, Marital Relationship, Adjustment to Parenthood; Middle age Adjustments in family, Widowhood, Preparation for age; Old age: Physical & Psychological Characteristics, Needs and Problems of the Elderly.