client to act in order to achieve some personal/social goals by utilising the available resources in terms of strength of personality of the client, his social system or material provisions available in the community and/ or agency. Caseworker's knowledge and expertise, and material resources are used (as tools) to inject strengths in the person to enable him to move more satisfyingly in the social situation he finds difficult to deal with.

Answer 2. Principle of Individualization states that no two persons are alike in all qualities and traits. Their problems may be the same but the cause of the problem, the perception towards the problem and ego strength differs in every individual. Therefore, each individual client should be treated as a separate entity and complete information is required to establish close relations in order to solve his/her problem from root. Individualization is the recognition and understanding of each client's unique qualities and the differential use of principles and methods in assisting each toward a better adjustment. Individualization is based upon the right of human beings to be individuals and to be treated not just as a human being but as this human being with his own personal differences.

Answer 3. In India, historically, the most common techniques used to help the individual clients have been:

(1) Story-telling,

(2) Imparting knowledge,

(3) Prayer,

(4) Yogic exercises,

(5) Fasting,

(6) Learning and practising behaviour in the company of saintly persons, and

(7) Demonstration or modelling behaviour (setting examples), though in Gita, Lord Krishna has used techniques of re-educating, informing, imparting knowledge, clarifying the reality to enable Arjuna to perform his roles.