

2.7 FURTHER READING

1. Biestek, Felic P (1957), The Case Work Relationship, Loyola University Press, Chicago, Illinois.
2. Friedlander, W.A. (1958), Concept and Methods of Social Work; Prentice Hall, MC, Englewood Cliffs, N.J.
3. Hamilton, Gorden (1956), Theory and Practice of Social Case Work; Columbia University Press, New York.
4. Hollis, F. (1972), Casework the Psycho-Social Therapy, Random House, New York.
5. Perlman, H.H. (1957), Social Case Work : A Problem Solving Process, Chicago.

2.8 ANSWERS TO 'CHECK YOUR PROGRESS'

Answer 1. An individual may face issues due to lack of resources, non-fulfillment of needs, unpleasant social reactions and unfavourable physical conditions that make human development and functioning (i.e., adaptation) difficult and sometimes impossible. An individual, under these stressful conditions, seeks help, sometimes from the near and dear ones (like parents, siblings, friends, etc.) and sometimes from the professionals (priests, teachers, lawyers, doctors, social workers, etc.

Answer 2. Family casework is principally concerned with aiding families to secure and maintain a normal healthy existence.

Helping the family to cope with problems that arise due to :-

Problem arising from external situations, those fundamentally within the persons themselves, those concerning external and internal factors, etc

Treatment: family therapy is focussed on restoring communication betwween the family members and sorting out the differences between them.