

10.6 ANSWERS TO 'CHECK YOUR PROGRESS'

Answer 1. Transactional Analysis has wide applications in clinical, therapeutic, organizational and personal development, encompassing communications, management, personality, relationships and behaviour.

Answer 2. The three ego states as stated by Eric Berne are: i. Parent ego, ii. Adult ego and iii. Child ego.

Answer 3. In interpretation of transference, confronting the individual with the awareness that his/her behavior is the repetition of a specific unconscious growth from past experience. It is part of psychoanalytical therapy. It involves the careful analysis of his unconscious defenses.

Answer 4. Reinforcers are those events that when they follow a behaviour, increases the possibility of the behaviour repeating. A reinforce may be either positive or negative.



10.7 MODEL QUESTIONS

Q.1: Discuss the four main features used in Transactional Analysis as given by Eric Berne.

Q.2: Analyze the interplay between the three ego states in detail.

Q.3: Describe the two ways in which people differ according to TA.

Q.4: What is Transference? How is it used in case work?

Q.5: Why is it important to keep check on counter-transference?

Q.6: What is meant by psychotherapy? Explain its types.
