- Reinforcers are those events that when they follow a behaviour, increases the possibility of the behaviour repeating. A reinforce may be either positive or negative.
- Depending on role expectations, relationships take two types of forms: primary and secondary.



8.5 FURTHER READING

1. Hamilton, Gordon. 1923. *Theory and Practice of Case Work*. Columbia University Press
2. Perlman, HH. 1957. *Case Work- A Problem Solving Process*. Chicago: The University of Chicago Press
3. Richmond, Mary. 1922. *What is Social Case Work?* New York; Russell Sage Foundation.

8.6 ANSWERS TO 'CHECK YOUR PROGRESS'

Answer 1. Theory is defined as "a supposition or a system of ideas intended to explain something, especially one based on general principles independent of the thing to be explained".

Answer 2. Rational Emotive Therapy mainly consists of- Presentation of rationale, overview of irrational assumption, analysis of client's problem in rational emotive terms, teaching the client to modify internal statement.

Answer 3. The Problem-solving model stands firmly upon the recognition that life is an outgoing problem encountering - problem solving process. Every person is involved every time in coping with his/her problems.

Answer 4. Roles are clustered subsets of norms that refer to expectations for individuals who hold a particular position in a group. Roles assume relationship since every role presumes some counter role.