

9.12 ANSWERS TO CHECK YOUR PROGRESS

Ans to Q. No. 1: (a) True, (b) True, (c) False, (d) False, (e) False.

Ans to Q. No. 2: Hinayâna and Mahâyâna are two religious sects of Buddhism. Hinayâna accepts nirvâna as negative and only for the individual himself. But Mahâyâna argues that nirvâna is a state of positive bliss.

Ans to Q. No. 3: (a) True, (b) False, (c) False (d) True, (e) True.

Ans to Q. No. 4: The second noble truth is 'There is cause of suffering'.

Ans to Q. No. 5: Right concentration is the last step of eightfold path that leads to nirvâna.

Ans to Q. No. 6: (a) Etymological meaning of nirvâna is 'Blowing out' or 'Cooling'.

(b) No, Nirvâna is not the abyss of annihilation.

(c) Dhammapâda states about nirvâna that nirvâna is a state of bliss, crown of happiness, perfect peace, free from greed, hatered and delusion. It is that happiness which is distinct from pleasure. It is the blissful end.

(d) No, the depth of nirvâba cannot be measured.

(e) The two kinds of nirvâna are - (a) Upâdhisesa and (b) Anupâdhisesa nirvâna.



9.13 MODEL QUESTIONS

A) Very Short Questions

Q.1: What is Nirvāna?

Q.2: How many noble truths were discussed by Buddha?

Q.3: What is the third noble truth?

Q.4: Mention the steps of 'Astāngika mārga'.

Q.5: What is 'Arhat'?

B) Short Questions (Answer in about 100-150 words)

Q.1: Briefly explain the first noble truth.

Q.2: What is nirvāna according to Mahāyāna school of Buddhism ?

Q.3: Discuss about the third noble truth.

Q.4: Explain the fourth noble truth.

Q.5: What are the two kinds of nirvāna ?

C) Write Short Notes on :

a. Second noble truth

b. Right View

c. Right conduct

d. Right mindfulness

e. Right concentration

C) Long Questions (Answer in about 300-500 words)

Q.1: Discuss the concept of Nirvāna as depicted by Hinayāna and Mahāyāna school of Buddism.

Q.2: Briefly discuss the concept of Nirvāna.

Q.3: Explain the eightfold path of Nirvāna.

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