Ans to Q No:5 Immediate memory can be improved through following ways:

- To keep one's mind active. Participate in activities that require to think and learn, such as playing bridge or attending a lecture.
- To exercise. There is some evidence to suggest that physical exercise contributes to memory.



2.9 MODEL QUESTIONS

A) Very Short Questions (Answer each question in about 50 words)

Q1: What do you mean by memory?

Q2: Give an example of multiple-alternate memory.

Q3: In what way, is immediate memory helpful to human memorisation process?

B) Short Questions (Answer each question in about 150 words)

Q1: Discuss in brief about different types of memory.

Q2: Differentiate between long term and Short term memory.

Q3: Mention the different characteristics of memory.

C) Long Questions (Answer each question in about 300-500 words)

Q1: Explain how the use of image helps in effective memorisation.

Q2: Explain in your own words, the method of recall and recognition as the ways of remembering.

Q3: Discuss the different techniques for effective memorisation.

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