2) Gupta, P. K. (2003), Population Education, R. Lall Book Depot, Meerut.

3) Nanda, S. K. (2005), Population Education, Doaba House, Delhi.



4.8 ANSWERS TO CHECK YOUR PROGRESS

Ans to Q No 1: Quality of life means standard of living of the people of a country. In simple forms, it means the optimal satisfaction of the physical, psychological and cultural needs of the people.

Ans to Q No 2: Basic physical needs are food, water, housing , clothing etc.

Ans to Q No 3: Educational and employment opportunities, health and medical facilities, recreation and entertainment facilities, freedom of expression, emotional security and facilities for expressing creativity.

Ans to Q No 4: (i) Population growth means increasing number of population which affects the quality of life of a country.

(ii) Per capita income means the share of each person in the annual national income of a country.

Ans to Q No 5: The objectives of population education in the context of population growth are :

(i) To educate the people to accept the small family norm.

(ii) It will make the people understand that the size of the family can be controlled.

(iii) Acceptance of marriage at a desirable age.

(iv) Population education will help educate the people to appreciate the advantages of planning including health and economic gains for spacing and limitation in total number of children.

Ans to Q No 6: The role of the government in controlling the population growth of a country is-

(i) To introduce a good programme of population education for the students of the country so that they can be educated about the ill effects of over population growth and to encourage the people to adopt different birth control measures.

(ii) To motivate the people by offering different incentives for the acceptance of the small family norm, and

(iii) To enact laws for population control and to take appropriate measures to implement them.



4.9 MODEL QUESTIONS

A) Very Short Questions (Answer each question in about 50 words)

Q 1: What do you mean by quality of life?

Q 2: How do you like to explain population growth?

Q 3: Mention the physical needs of the people.

Q 4: What do you mean by per-capita income?

B) Short Questions (Answer each question in about 150 words)

Q 1: Write short notes on :

a) Population and quality of life

b) Population growth and environmental hazards

c) Duties and responsibilities of the government to control population growth

C) Long Questions (Answer each Question in about 300-500 words)

Q 1: What do you mean by quality of life? Discuss how population and quality of life are interdependent on each other.

Q 2: Discuss the major areas of population growth that has affected the quality of life.

Q 3: Write a note on the need for population education for leading a better life.

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